

**Table 4.5: Repeated Chair Stands<sup>1,2</sup>**

Test Performance	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>3</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Unable to do (%)	25.2	17.8	25.9	44.9	7.5	24.4	63.7
Time to rise five times (seconds)							
Mean	15.3	14.7	15.7	16.3	14.2	15.8	17.9
5th percentile	24.5	21.9	25.5	24.1	20.7	25.3	28.6
25th percentile	17.4	16.7	17.5	18.5	15.9	18.1	20.1
50th percentile	14.2	13.9	14.4	15.0	13.5	14.8	16.8
75th percentile	12.3	12.1	12.4	12.7	11.7	12.9	13.5
95th percentile	10.0	9.6	10.3	10.0	9.3	10.1	11.2

(Women's Health and Aging Study, physical assessment, 1992-1995)

<sup>1</sup> Variable has less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).